



# YOUTH PEER GROUPS

*Our youth peer groups are designed for individuals ages 12-18 experiencing problematic substance use and/or mental health symptoms, who are interested in joining a recovery community. Youth are guided by professionally trained, yet relatable, staff who help to foster healthy coping strategies and drive lifestyle changes. Youth are encouraged to direct the group topics and activities, and support each other in the development of their recovery.*

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**ARE YOU INTERESTED?  
CONTACT HILARY AT  
603-671-0060  
OR 603-581-8513  
AND ASK FOR MORE DETAILS!**

