

# THE SEVEN CHALLENGES



THE SEVEN CHALLENGES MODEL IS A COMPREHENSIVE PROGRAM THAT HELPS YOUTH AND YOUNG ADULTS WORK ON THEIR ALCOHOL AND OTHER DRUG PROBLEMS. IT IS DESIGNED TO MOTIVATE YOUNG PEOPLE TO EVALUATE THEIR LIVES, CONSIDER CHANGES THEY MAY WISH TO MAKE, AND THEN MAKE THOSE CHANGES. IT SUPPORTS THEM IN TAKING POWER OVER THEIR OWN LIVES, AND HELPS THEM TO MAKE THOUGHTFUL DECISIONS, INCLUDING CHOICES ABOUT DRUGS.



FOR REFERRAL OR QUESTIONS PLEASE CALL

KIMBERLY FORTIN, CRSW

603-671-0300

603-581-5808

[KFORTIN@ARCHWAYSNH.ORG](mailto:KFORTIN@ARCHWAYSNH.ORG)